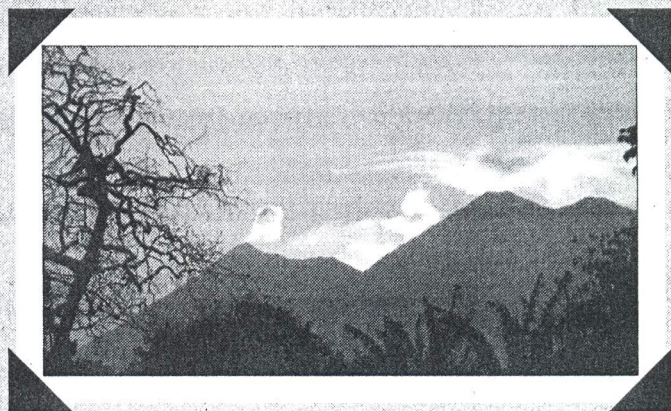


TRAVEL JOURNAL



Volcán de Fuego, an active stratovolcano.

Karen Kahn
Santa Barbara
Destination: Antigua, Guatemala

This past Christmas vacation, I flew to Antigua, Guatemala, to visit and support the nonprofit organization Semillas Para Futuro (www.semillasparafuturo.org), which helps villagers of Chocotá to become self-sufficient in their cacao, coffee and vegetable farming. The city of Antigua has so many beautiful courtyards, churches and haciendas full of smiling locals happy to help the tourists. If you have a few days to spare, I recommend at least three nights in Antigua for a wonderful experience that can include hiking, biking, exploring churches and marketplaces galore. It was wonderful to be able to experience the people and culture through the eyes of friends, new and old, in such a beautiful country with so much history. I look forward to returning later this spring to work on my Spanish and watch the Fuego Volcano spew more plumes of ash.